Mountain View Café

Cafeteria Specials
Cheddar Cheeseburger Pizza with Tomato and Onion (8 inch) $4
Grilled Ruben Sandwich: Corned Beef, Sauerkraut, Swiss Cheese & Thousand Island $4

Menu Symbol Key
cooked with Alcohol
✓ Made Without Gluten Ingredients
✓ Made Without Meat, Fish or Poultry
P- Premium Entrée $5.95, Half Portion 3.00
Regular Entrée $3.95, Half Portion 2.00

SUNDAY 10/18
✓ Italian Soup with Gnocchi

MONDAY 10/19
Tomato, Beef & Macaroni Soup
✓ Oven Roast Turkey Gravy
Home-style Beef Meatloaf Gravy
✓ Mashed Potato
✓ Hubbard Squash
✓ Braised Cabbage

TUESDAY 10/20
✓ Creamy Squash Soup
✓ Heath’s Pesto Chicken
Beef Chili
✓ Whole Wheat Pasta with Marinara Sauce
✓ Cauliflower
✓ Sautéed Zucchini

WEDNESDAY 10/21
Chicken Alfredo Soup
Pulled Pork Sandwich on a Bun
Flank Steak Salad Plate
✓ Memphis Style Coleslaw
✓ Roasted Parsnips
✓ Whole Green Beans

THURSDAY 10/22
✓ French Onion Soup
✓ Artichoke Baked Chicken
Baked Stuffed Haddock
Rice Pilaf
✓ Fresh Broccoli
✓ Sliced Beets

FRIDAY 10/23
Fish Chowder
✓ Grilled Salmon Fillet with Fresh Herbs
Chicken Tenders with Assorted Sauces
Seasoned Potato Wedges
✓ Spinach
✓ Confetti Corn

SATURDAY 10/24
✓ ✓ CVMC Hearty Vegetable Soup

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.