Grill Special of the Week
Chicken Caesar wrap, lettuce, tomato Parmesan cheese, Caesar dressing on a toasted wrap

Flatbread Special of the Week
Chicken & Bacon, onions, peppers, mozzarella cheese on flatbread

Menu Symbol Key
P - Premium Entrée $3.50
JKLM - Heart Healthy
LM - Cooked with Alcohol
LM - Made Without Gluten Ingredients
LM - Made Without Meat, Fish or Poultry

SUNDAY 4/7
VL Cream of Potato Leek Soup
Pizza, Grab ‘n Go Sandwiches and Salads
Chef’s Specials

MONDAY 4/8
Macaroni Beef Soup
P - Roast Turkey Carved to Order Gravy
P - Home-style Beef Meatloaf Gravy
M - Mashed Potato
LM Winter Squash
Q Roasted Zucchini

TUESDAY 4/9
SQ Squash Soup
LM P - Heath’s Pesto Chicken
LM Baked Manicotti Marinara Sauce
LM Whole Wheat Pasta
LM Steamed Cauliflower
LM Braised Cabbage

WEDNESDAY 4/10
VL Cream of Broccoli
LM P - Kung Pao Tofu
LM P - Marinated Flank Steak Salad Plate
LM White Rice
LM Fresh Parsnips
LM Green Beans

THURSDAY 4/11
FL French Onion Soup
LM P - Baked Artichoke Chicken Breast
LM P - Baked Haddock with Seafood Stuffing
LM Rice Pilaf
LM Broccoli
LM Corn

FRIDAY 4/12
FL Fish Chowder
LM P - Maple Ginger Pork Tenderloin
LM P - Grilled Salmon Fillet with Fresh Herbs
LM Roasted Red Potato
LM Green Cabbage
LM Baby Carrots

SATURDAY 4/13
VL CVMC Hearty Vegetable Soup
Pizza, Grab ‘n Go Sandwiches and Salads
Chef’s Specials

We buy from many local food producers & distributors.

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.