Grill Special of the Week
Grilled French Dip Sandwich Served with Au Jus & Garlic Mayo on a Toasted Hoagie Roll

Flatbread Special of the Week
Grilled Chicken Broccoli Alfredo

Menu Symbol Key
★ Heart Healthy
✓ Cooked with Alcohol
♀ Made Without Gluten Ingredients
✓ Made Without Meat, Fish or Poultry
P- Premium Entrée $3.50

SUNDAY 2/4
★ Chicken Orzo Soup
Pizza, Grab ‘n Go Sandwiches & Salads
Chef’s Specials

MONDAY 2/5
★ V CVMC Vegetable Soup
P- Grilled Chicken with Peanut Sauce
★¢ Teriyaki Salmon Fillet
★ Rice Pilaf
★¢ Sautéed Zucchini
★¢ Roasted Butternut Squash
★Fresh Fruit of the Day: Grilled Pineapple
✓ Special Salad: Spicy Asian Noodle Salad

TUESDAY 2/6
★ Tuscan White Bean and Turkey Soup
P- Homemade Meat Lasagna with Marinara Sauce / Garlic Toast
★ Dijon Crusted Pork Loin / Pork Gravy
★¢ Baked Sweet Potato
★¢ Cauliflower
★¢ Spinach w/ Roasted Garlic
★ Fresh Fruit of the Day: Banana

WEDNESDAY 2/7
Pumpkin Bisque Soup
P- ¢ Home-style Pot Roast Beef Gravy
P- ¢ Grilled Teriyaki Chicken Salad Plate
★¢ Steamed Red Bliss Potatoes
★¢ Summer Squash
★¢ Wilted Kale
★ Fresh Fruit of the Day: Banana

THURSDAY 2/8
★ Asian Mushroom Soup
P- General Tso Chicken
✓ Vegetable Lo Mein
✓¢ Yellow Rice
★¢ Broccoli Florets
★¢ Sliced Carrots
★Fresh Fruit of the Day: Red Grapes
✓ Special Salad of the Day: Broccoli Crunch Salad

FRIDAY 2/9
Creamy Fish Chowder
P- ¢ Ground Beef Shepard’s Pie / Beef Gravy
P- Seafood Newburg w/ Scallop, Shrimp & Crabmeat
¢ White Rice
★¢ Green Beans
★¢ Sliced Beets
★ Fresh Fruit of the Day: Mixed Fresh Fruit Bowl

SATURDAY 2/10
Beef Barley Soup
Pizza, Grab ‘n Go Sandwiches & Salads
Chef’s Specials

We buy from many local food producers & distributors.

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.