Mountain View Café

Grill Special of the Week
Steak & Cheese with Peppers and Onions

Flatbread Special of the Week
Spinach, Feta, Tomato, Red Onion and Pesto Flatbread

Menu Symbol Key

♥ Heart Healthy
日正式Cooked with Alcohol
♥ Made Without Gluten Ingredients
正式Made Without Meat, Fish or Poultry
♥ P- Premium Entrée $3.50

We buy from many local food producers & distributors.

SUNDAY 11/25
♥ Minestrone Soup
Pizza, Grab ‘n Go Sandwiches & Salads
Chef’s Specials

MONDAY 11/26
Creamy Chicken Corn Chowder
♥ P- Roast Beef with Au jus
♥ P- Grilled Pork Tenderloin
♥ Roasted Red Bliss Potatoes with Rosemary
♥ Steamed Peas
♥ Maple Glazed Baby Carrots

TUESDAY 11/27
♥ Split Pea Soup
♥ P- Beef Stuffed Cabbage
♥ P- Eggplant Roll-up with Marinara Sauce
♥ Rice Pilaf
♥ Parsnips
♥ Spinach and Garlic

WEDNESDAY 11/28
CVMC Chicken Noodle Soup
P- Pasta Bar: Choice of three Pastas: Rotini, Whole Wheat or Gluten Free Pasta; Four Sauces: Meat,
♥ Marinara, Alfredo or Pesto Sauce
Garlic Bread
♥ Green Beans
♥ Roasted Summer Squash

THURSDAY 11/29
♥ Mexican Black Bean Soup
♥ P- Beef Tacos with Assorted Toppings
♥ P- Mexican Baked Spaghetti Squash
♥ Cumin Sweet Potatoes
♥ Mexican Corn and Peppers
♥ Kale and Red Onions

FRIDAY 11/30
New England Clam Chowder
♥ P- Chicken Mirabella
Ham and Potato Casserole
♥ Brown Rice Pilaf
♥ Carrots
♥ Broccoli

SATURDAY 12/1
♥ Tomato Basil Soup
Pizza, Grab ‘n Go Sandwiches & Salads
Chef’s Specials

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.