Grill Special of the Week
Grilled Hot Pastrami with Swiss Cheese on Rye with Whole Grain Mustard

Flatbread Special of the Week
Buffalo Chicken Flatbread

Menu Symbol Key
♥ Heart Healthy
Ltd Cooked with Alcohol
ฎ Made Without Gluten Ingredients
✓ Made Without Meat, Fish or Poultry
P- Premium Entrée $3.50

SUNDAY 1/21
♥ Cream of Potato Soup
Pizza, Grab ‘n Go Sandwiches and Salads
Chef’s Specials

MONDAY 1/22
Tomato Beef & Macaroni Soup
ฎ P- Roast Turkey Carved to order
♥ Vegetable Stromboli with Marinara Sauce
ฎ Garlic and Chive Mashed Potato
♥ ¤ Whipped Butternut Squash
♥ ¤ Roasted Zucchini
♥ Fresh Fruit of the Day: Apple

TUESDAY 1/23
Cream of Broccoli Soup
ฎ P- Pesto Chicken
.'_ P- Shrimp Scampi with Linguine
♥ ♥ Whole Wheat Pasta, Marinara Sauce w/ Fresh Basil
♥ ¤ Summer Squash
♥ ¤ Braised Red & Green Cabbage
♥ Fresh Fruit of the Day: Watermelon Wedge

WEDNESDAY 1/24
Beef Chili
P- Braised Barbeque Pork / Barbeque Sauce
Marinated Flank Steak Salad Plate
ฎ Baked Potato  ♥ ¤ Lentils with Herbs
♥ ¤ Roasted Parsnips ♥ ¤ Green Beans
♥ Fresh Fruit of the Day: Banana

THURSDAY 1/25
French Onion Soup
ฎ P- Baked Artichoke Chicken Breast
Baked Haddock with Seafood Stuffing
♥ Rice Pilaf ♥ ¤ Steamed Broccoli
♥ ¤ Sliced Carrots
♥ Fresh Fruit of the Day: Red Grapes

FRIDAY 1/26
Fish Chowder
♥ ¤ P- Grilled Salmon Fillet with Fresh Herbs
Homemade Chicken Tenders with Sauces
ฎ Seasoned Potato Wedges
♥ ¤ Spinach with Garlic ♥ ¤ Corn
♥ Fresh Fruit of the Day: Orange

SATURDAY 1/27
♥ Tomato Spinach Tortellini Soup
Pizza, Grab ‘n Go Sandwiches and Salads
Chef’s Specials

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.