**Flu Facts**
How flu matters to you

- **Up to 11%**
  - Percentage of people who get symptomatic flu each year in the US

- **200k**
  - People hospitalized by the flu each year in the US

- **6 Months**
  - Age at which flu shots should begin

- **2 Weeks**
  - Time it takes your body to develop protection (antibodies) from the flu after vaccination

- **6 Feet**
  - How far the flu virus can spread from a cough, sneeze or conversation

- **200 mph**
  - The speed at which the flu virus can travel through the air from a sneeze

- **20**
  - Minimum seconds you should wash and scrub your hands with soap and warm water to help fight flu

- **48**
  - Number of hours a flu virus germ can survive on hard surfaces

- **79%**
  - Percentage of people who admit going to work sick last year

- **24-96**
  - Number of hours you’re infectious before flu symptoms appear

- **3-4**
  - Number of days you’re most contagious once symptoms appear

- **7**
  - Number of days you can infect other people after becoming sick

Content source: Centers for Disease Control and Prevention