## The Center for Breastfeeding



The Center for Breastfeeding at UVM Health Network - CVMC helps you establish and enjoy your breastfeeding experience. This comprehensive service provides all the education, tools and support you need.

## breastfeeding is natural but its not automatic

Center for Breastfeeding 130 Fisher Road, Berlin, VT 05602

802-371-4415

University of Vermont

**Central Vermont Medical Center** 



## WE OFFER THE FOLLOWING SERVICES:

- Postpartum support services
- Inpatient services
- · Office visits and telephone consultations
- · Education materials
- Coordination with client's obstetrician and/ or pediatrician
- Monthly Breastfeeding Support Group -Bosom Buddies - First Monday of every month, 5:30-7 pm
- How to Breastfeed Prenatal Class Fouth Tuesday of every month, 4:30-6 pm
- Breastfeeding Equipment and Supplies Support

UVMHN - CVMC's Board Certified Lactation Consultants are available for consultations before and after your baby's birth to support you in providing nature's finest baby food.

