

# Donning PPE Checklist for Healthcare Worker Providing Care

- Attire:** The healthcare worker (HCW) must be wearing scrubs, no street clothes. Long hair should be tied back.
- Perform hand hygiene** with alcohol-based hand rub (ABHR) or washing with soap and water. When using ABHR, allow hands to dry before moving to next step.
- Put on gown.** Fully cover torso from neck to knees. Fasten in the back at neck and waist.
- Put on N-95 Respirator.** Be sure to perform a fit check. Do not enter the room with an N-95 if you have not been fit-tested.
- Put on face shield** to protect the eyes, or use goggles.
- Put on gloves** ensuring that they extend over the cuff of the gown. Ensure all skin is covered.
- Verify:** After completing the donning process, the integrity of the ensemble should be verified by the HCW (e.g., there should be no cuts or tears in the PPE). The HCW should be comfortable and able to extend the arms, bend at the waist, and go through a range of motions to ensure there is sufficient range of movement while all areas of the body remain covered.