

**Employee Health Self-Screening Tool**  
**Updated June 20, 2023**

If you are experiencing COVID-19 symptoms or have an exposure concern, use the self-screening tool below to determine your ability to work your scheduled shift.

If the algorithm indicates you should not work, notify your supervisor and follow all proper call-out procedures for your department.

**Employee Health COVID-19 Triage Line: 802-371-4493.**

**Employee Health is available to answer calls  
 Monday-Friday, 7:30 a.m. to 4 p.m.**

Scenario	Your Vaccination Status	Next Steps
<b>If you are symptomatic:</b>		
<b>1</b>	<b>You have any of the following symptoms:</b> fever, chills, cough, shortness of breath, or loss of sense of taste or smell.	Vaccinated or unvaccinated
<b>2</b>	You have symptoms of runny nose, sore throat or muscle aches, <b>but none of the symptoms listed in Scenario 1 above.</b>	Vaccinated or unvaccinated
		<p>Call out from your shift and contact Employee Health. Do not return to work until you have been cleared.</p> <p><b>If you have had a high risk exposure</b> to someone with COVID-19 in the last 14 days, call out from your shift and contact Employee Health. Do not return to work until you have been cleared.</p> <p><b>If you have <i>not</i> had a high risk exposure</b> to someone with COVID-19 in the last 14 days, contact Employee Health. You may continue working until you speak to them.</p>

Scenario	Your Vaccination Status	Next Steps
<b>If you were possibly exposed to COVID-19 at work:</b>		
3	<b>You were masked and wearing eye protection</b> during the exposure and there was no aerosol-generating procedure occurring.	Vaccinated or unvaccinated  If you are asymptomatic, continue working and monitor for any symptoms.  If symptoms develop, refer to scenario 1.
4	<b>You were not wearing a mask &amp; eye protection</b> during the exposure. Or, if there was an aerosol-generating procedure occurring and you were not wearing mask, eye protection, gown and gloves.	Vaccinated or unvaccinated  Contact Employee Health at <b>371-4493</b> .  If you are asymptomatic, continue working until instructed otherwise by Employee Health.  If you are symptomatic, refer to scenario 1.
<b>If you were possibly exposed to COVID-19 outside of work:</b>		
5	Someone in your household has <b>possible COVID-19 symptoms</b> but has not received a positive test.	Vaccinated  If you are asymptomatic, continue working and monitor for any symptoms.  If symptoms develop, refer to scenarios 1 and 2.
		Unvaccinated  If you are asymptomatic, contact Employee Health and continue working.  If you are symptomatic, refer to scenario 1.
6	Someone in your household tests <b>positive for COVID-19</b> .	Vaccinated  If you are asymptomatic, contact Employee Health and continue working.  If you are symptomatic, refer to scenario 1.
		Unvaccinated  Call out from your shift and contact Employee Health. Do not return to work until you have been cleared.
7	You were around <b>someone within 6 feet for at least 15 minutes</b> who has tested positive for COVID-19 (regardless of masking).	Vaccinated or unvaccinated  If you are asymptomatic, contact Employee Health and continue working.  If you are symptomatic, refer to scenario 1.

Scenario	Your Vaccination Status	Next Steps
<b>If you test positive for COVID-19 by a rapid antigen, LAMP or PCR test:</b>		
8	All situations, even if you work remotely or are not scheduled to work for 7 days.	Vaccinated or unvaccinated Call out from your shift and contact Employee Health. Do not return to work until you have been cleared.
<b>Other scenarios:</b>		
9	My child was identified as a close contact from school.	Vaccinated If you are asymptomatic, continue working and monitor for any symptoms. If symptoms develop, refer to scenario 1. If your child tests positive, refer to scenario 6.
		Unvaccinated If you are asymptomatic, continue working and monitor for any symptoms. Only contact Employee Health if you work with unmasked patients. If symptoms develop, refer to scenario 1. If you child tests positive, refer to scenario 6.
10	I have been vaccinated and I am significantly immunocompromised, e.g., on chemotherapy or taking a biologic medication such as Humira or have had an organ transplant.	Vaccinated or unvaccinated Use all of the scenarios outlined in this document but follow the guidance for <b>unvaccinated</b> people, even if you are vaccinated. When you speak to Employee Health, tell them about your immunocompromising condition.
11	I work remotely.	Vaccinated or unvaccinated Follow the guidance above. If it says to “call out for your shift,” you may continue to work remotely but cannot work onsite until cleared.