

**CVMC 5K for Komen**  
[cvmc.org/cvmc-5k](http://cvmc.org/cvmc-5k)

Walk (or run) with us to help save lives and end breast cancer forever.

All proceeds go to **Susan G. Komen New England®** and benefit VT-NH community breast care programs.

- When:** Saturday, October 6, 2018
- Start time:** 9:30 AM (walkers and runners)
- Where:** Barre Town Recreation Field / Bike Path  
Located behind Barre Town Middle & Elementary School  
70 Websterville Road, Barre
- Course:** 3.1 mile loop course on Barre Town bike path and race track. Bike path is very hilly.  
*No headphones or dogs please.*
- Registration:** \$20 | Received by Wednesday, October 3  
\$25 | Race day from 7:45-9:15 AM

**Teams welcome**

**All ages welcome**

**Prizes awarded**

**Registration Form – CVMC 5K for Komen**

Mail to: CVMC, 130 Fisher Road, Berlin, VT 05602, c/o Diagnostic Imaging – 5K for Komen

**Name:** \_\_\_\_\_ **Age (Race Day):** \_\_\_\_\_

**Team Name (optional):** \_\_\_\_\_ **Race type (circle):** Runner Walker

**Email:** \_\_\_\_\_ **Sex (circle):** Male Female

**IN CASE OF EMERGENCY:**

**Contact Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Registration Fee:**  \$20 | Received by Wed Oct 3  \$25 | Race day – Sat Oct 6

Check, payable to: *Central Vermont Medical Center*  Cash (Race day only)

**FOR MORE INFORMATION**, call **371-4597** or email  **Kim Kiniry** [Kimberly.Kiniry@cvmc.org](mailto:Kimberly.Kiniry@cvmc.org)  
**Brittani Trombley** [Brittani.Trombley@cvmc.org](mailto:Brittani.Trombley@cvmc.org)  
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Learn more at [cvmc.org/cvmc-5k](http://cvmc.org/cvmc-5k)

I hereby waive, release, and discharge any and all claims from damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of my participation in the CVMC 5K for Komen. This release is intended to discharge the promoters, sponsors, officials and any public entities, from and against any and all liability.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent or Guardian if under 18:** \_\_\_\_\_ **Date:** \_\_\_\_\_