



CVMC Five-Mile Fun Run (and Walk)

cvmc.org/fun-run

Join us for a loop around picturesque Berlin Pond!

Saturday, June 24, 2017

Kids Race at 8:45 am

Adult Race at 9:00 am

Berlin Town Clerk's Office
108 Shed Road, Berlin, VT

All proceeds go to the Health Care Share food program, a collaboration between VYCC and UVM Health Network – CVMC, with support from Hunger Mountain Co-op.

- Directions:** Exit 7 off I-89 to the light, take a right past the Maplewood Convenience Store, take next right onto Crosstown Road/Paine Turnpike, and take next right onto Shed Road. Town Clerk's office is at the end of Shed Road.
- Course:** Five-mile loop course counter-clockwise around Berlin Pond on dirt roads with one water & food stop. First half very hilly; second half relatively flat.
No headphones or dogs please.
- Parking:** *Town Clerk's office only.* No parking along race course.
- Start Times:** Kids Race at 8:45 am | Adult Race at 9:00 am
- Registration:** \$20 | Received by Wednesday, June 21
(Fee includes T-shirt) \$25 | On Race Day from 7:30 - 8:30 am
- Awards:** Age group awards (male & female):
0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
(1 to 3 deep per category based on number of registrations)

FOR MORE INFORMATION, call **371-4191** or visit cvmc.org/fun-run



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Please make check payable to: *Central Vermont Medical Center*
Mail form to: 130 Fisher Road, Berlin, VT 05602, c/o Human Resources - Fun Run

Name _____ Age (Race Day) _____

Race type (circle): Runner Walker

Sex (circle): Male Female

T-shirt size (circle): Small Medium Large X-Large

Address _____

City _____ State _____

Zip _____ Email _____

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You may also contact the Race Directors:

Robert Patterson: Robert.Patterson@cvmc.org

Monica Urquhart: Monica.Urquhart@cvmc.org

I hereby waive, release, and discharge any and all claims from damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of my participation in the CVMC Five-Mile Fun Run (and Walk). This release is intended to discharge the promoters, sponsors, officials and any public entities, from and against any and all liability.

Signature:

_____ Date: _____

Signature of parent or guardian if under 18:

_____ Date: _____

Office Use Only:

Paid by check Paid cash (Race Day only) Paid by credit card (Seven Days Tickets)