

# MOUNTAIN VIEW CAFÉ *at CVMC*

**Week of May 5th To May 11th**

Check out the digital signage in the café for announcements, celebrations & holidays, upcoming café' events and planned specials.

## WEEKLY SPECIALS

### FROM THE GRILL:

***Beef Gyro***

### PIZZA OF THE WEEK:

***Roasted Garlic and Ricotta***

### PANINI MON-FRI 11-4:

***Baja, Cali, Italian, Club, VT Maple Monster***

### SUNDAY

**Soup:**    *✓ Tomato & Basil with Orzo*

**Hot Line:**    *Chef's Choice*

*Chicken Noodle Soup*

*g Roasted Red Potato*

*g Potato Leek Soup*

*g ✓ Cilantro White Rice*

### MONDAY

### TUESDAY

### WEDNESDAY

*g ✓ Zucchini and Summer Squash Soup*

*Garlic Bread*

### THURSDAY

*g ✓ French Onion Soup*

*g ✓ White Rice*

### FRIDAY

*Fish Chowder*

*Potato Salad*

*g Grilled Flank Steak*

*g Hawaiian Chicken Quarter*

*g ✓ Black Bean Salad*

*g ✓ Watermelon Salad*

### SATURDAY

**Soup:**    *✓ Tomato Florentine*

**Hot Line:**    *Chef's Choice*

*g BBQ Meatloaf*

*g Spinach*

*Fish or Turkey Taco*

*g Roasted Corn and Peppers*

*g Seared Chicken with Tomato and Basil*

*g Steamed Kale*

*Pork Bulgogi*

*✓g Cucumber Salad*

### Menu Symbol Key

*g*

*Made without gluten ingredients*

*✓*

*Made without meat, fish or poultry*



*Spicy menu item*

THE  
**University of Vermont**  
HEALTH NETWORK

**Central Vermont Medical Center**

### CONSUMER ADVISORY

\* We do offer eggs-to-order and on occasion offer medium rare red meat. Consuming rare meats, runny yolk eggs and other undercooked meats, poultry, seafood or eggs is not recommended. These can increase risk of food borne illness, especially if you have certain medical conditions.